



THE WILLOWS

PRIMARY SCHOOL AND NURSERY

Safeguarding Newsletter

This newsletter is also available on our website - [Willows Primary School](#)
Autumn Term 2025

If you have any concerns about a child in our school please do not hesitate to contact one of the school's Designated Safeguarding Leaders. Our Safeguarding Team are:

Mrs Wilson Designated Safeguarding Lead Mr Robinson Deputy Designated Safeguarding Lead
Mr Aston Deputy Designated Safeguarding Lead

If you are concerned that a child or young person is being harmed, neglected or is at risk you should contact Essex Social Care (Children and Families Hub) on **0345 603 7627**. Out of hours: (5.30pm - 9.00am Monday - Thursday, 4.30pm-9.00am - Friday and Bank holidays) Telephone: 0345 606 1212 or email. In an emergency call the Police on 999.

Anger Management in Children - NSPCC

Anger management in children is one of the top mental health concerns in childcare. With thousands of children turning to Childline for anger issues support each year it's understandable to worry about what's happening and why. This page is here to help you find ideas you can try to help you cope.

[Anger management in children: how parents can help | NSPCC](#)

Essex Police have launched their [Sort Your Settings](#) campaign. It provides parents and carers with essential safeguarding tips and advice on making online devices safer for children. The refreshed webpage now includes up-to-date information about new and popular online games and social media platforms. There is a step-by-step guide and advice on all aspects of online safety, including how to access parental controls, social media age restrictions, game age ratings, chat settings, and more.

Link to web page: [Sort your settings | Essex Police](#)

Link to main video: [Sort your settings video](#)

Mental health & Well-being

[How To Help Your Child With Anxiety Around Christmas | YoungMinds](#)

Christmas and mental health

Beacon House have published a brilliant collection of resources specially designed by their therapists to support regulation, connection and rest during December. Take a look here: [Free Resources](#)

[Children & Adolescents | Motivated Minds](#) A non-profit Community Interest Company' (CIC), we design and facilitate sustainable mental health and wellbeing solutions.

For families who need additional support or early help the [Directory of services](#) contains information about national and local groups.

Useful Telephone Numbers

Citizens Advice Bureau - Basildon 03444770808

National helplines:

- [National Domestic Violence Helpline](#) 0800 200 247
- [Galop - the LGBT+ anti-abuse charity](#) 0800 999 5428
- [Respect](#) 0808 802 4040
- [Men's Advice Line](#) 0808 801 0327
- [Shelter](#) 0800 800 4444
- [NSPCC Helpline](#) 0808 800 5000
- [ChildLine](#) 0800 1111
- [Samaritans](#) 116 123
- [PACE Parents Against Child](#)

Online Safety

Roblox has announced a new raft of parental controls. The website which ranks among the most popular games for children in the e-space, has previously been accused of possessing weak child protection tools. Their new raft of adaptations is important due to the game's position among school aged children. The new features have been adopted to allow parents to take control of their children's game time in a more comprehensive manner. Parents will now be able to block individuals who communicate with their children, as well as have more detailed oversight over their usage of the programme. Real-time awareness measures have been increased and these changes represent a big step forward in making popular multiplayer games more secure for underaged users. The South-West Grid for Learning (SWGfL) has produced a comprehensive run down of these changes.

Please follow the link below for more: <https://swgfl.org.uk/magazine/roblox-launches-new-parental-controls/>



www.nationalonlinesafety.com